

NEW LIFE MEDIA

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Canadian musician, producer and director Pat Canavan's long form bio.

Memorable melodies are Pat Canavan's specialty and in October 2006, he released his 10th disc *SONGS FOR SALE*. It was his first completely solo album in as many years. It features songs like *Carolina Blue Sky*, *Albert Einstein* and *I Want To Bond*. After a meeting with Sir Richard Branson, *I Want To Bond* was the catalyst that led Branson into the movie.

Your unconscious will recognize Pat Canavan's music even if you have never heard his songs before. That's because "Pat makes songs that stick in your head" says Brad Thompson of TVA. Pat approaches his music with a true composer's sense, mastering the raw fury of a rock band and marshaling the awesome force of a full orchestra. His music spans rock, singer songwriter, kids songs, sound-scape and music therapy genres and is featured 5 film scores and TV commercial soundtracks.

At age 4, Pat was given his first album, *The Beatles Hard Days Night*. He soon gathered neighbourhood pals and began to mimic every song. It was the inspiration for his musical path that would later see Pat become the front-man of the bands U4EA and HERE.

In 1989, Pat's band U4EA released the indie single *Don't Take It Away* that stayed in the top 20 for over 15 weeks. Their follow-up single *Mystery* was an even greater success charting for over 20 weeks and making the top 100 songs of 1990.

In 1991, he teamed up with Gary Lalonde (Honeymoon Suite & Toronto) on painter Ken Kirkby's project *Isumataq*, a 152 foot by 12 foot oil on canvas. Even though it received no government funding, *Isumataq* was unveiled in the Canadian House Of Commons, toured in the Museum of Natural history in Ottawa, New York and had its own Pavilion at Ontario Place for the summer of 1993. The *Isumataq* Rock Album focused on Inuit folklore and mythology, environmental issues and the power in the creative process. This led Pat to create the instrumental works "Songs Of The Earth" that set the mood of each exhibit.

Pat's recording engineering degree, study of psychology and music therapy led him to create a series of music therapy programs for private clients. By 1997, Pat was commissioned to record *Celestial Co-Creation*. The collection is still used by hospitals, hospices and complementary health practitioners.

At the same time, (1991-1999) Pat was the lead singer for the progressive rock band 600, video producer and director for corporate clients like CIBC, Holt Renfrew, Motorola Canada, MOEN, Synergy Mutual Funds, G.T.Global/AIM Mutual funds, Canadian Tire and

Sears and creator of radio and T.V. commercials. He also was a volunteer for the Boys and Girls Club and Variety Village with Eugene Levy.

Pat's works are played world-wide and have won top honors and awards.

His music is featured in 5 films and 2 have won prestigious awards like Gold at Worldfest Houston!

He has also had special guest appearances of CTV's "Twice In A Lifetime" and on the Gavin Crawford Comedy Show

In 2000 Pat reinvented himself in the acoustic rock genre with the band HERE when he released *DrywaterFalls*. They toured the coffee house circuit and followed up with the album *Newgrass* in 2001.

In 2003 he created and launched the website BabySoundAsleep.com, a series of white noise programs that employ acoustic therapy techniques to help lull fussy babies to sleep. It was also one of the first websites that offered immediate downloadable programs. A full 5 months before Apple launched iTunes.

In 2006 he produced S.A.V.E. – Students Against Violence Everywhere CD as part of the BMO Financial Group's entrepreneurial program. It won the Bank's highest entrepreneurial achievement award for the Toronto grade 8 students who learned the process of recording, creating and manufacturing a CD as well as putting on a live concert. They raised awareness and a lot of money for their community!

Also in 2006, Pat launched the broadband/podcast cooking show www.Toasterovenchef.com. It had 1.4 million viewers monthly in the Ontario IGA and Foodland stores. He was also invited to the Banff Film and Television conference that same year to pitch his cooking show idea.

Currently, Songs For Sale, Celestial Co-Creation and Songs Of The Earth are available in the iTunes music store.



More information can be found at www.PatCanavan.com

1. Songs For Sale - NewLifeMedia - 2006
2. S.A.V.E. Students Against Violence Everywhere - NewLifeMedia - 2006
3. MasterPiece Monday soundtrack - Forerunner Films - 2004
4. BabySoundAsleep - NewLifeMedia - 2003
5. Newgrass- Pat Canavan and HERE - NewLifeMedia - 2001
6. Drywater Falls Pat Canavan and HERE - NewLifeMedia - 2000
7. Amplifier Soundtrack - - NewLifeMedia - 1999
8. Celestial Co-Creation - NewLifeMedia - 1997
9. Songs Of The Earth - NewLifeMedia - 1996
10. Isumataq - - NewLifeMedia - 1992
11. Mystery - Pat Canavan and U4EA - NewLifeMedia – 1989

